FOOD & BEVERAGE LAB



Equipment for 8 people

QUANITY	ITEM DESCRIPTION		
16	Stainless steel bowls- 10 inch or larger (2-quart bowl for corn fritter batter		
	& vinaigrette)		
8	Whisk- 12 inch (for making vinaigrette)		
8	Set of measuring spoons/ dry measure cups		
8	cup liquid measure		
8	Quart liquid measure		
8	Hamburger spatula (for flipping corn fritters)		
8	Plastic spatula- 10 inch or larger (for mixing corn fritter batter)		
8	No. 16 disher / 2 oz. portion scoop		
9	Green cutting boards 20 x 15		
9	Chef knife, 8 inch		
4-6	Sauté pan 11.5 inch or Lodge 10.5-inch cast iron griddle (cooking corn		
	fritters)		
1 set	Mainstays Annesdale glasses (set of 8)		
2	Arrow 60 oz pitchers		
3	Serving Trays		
3	Silverware Set		
3	Cloth Napkins for rolling silverware		

Supplies for 8 people

QUANITY	ITEM DESCRIPTION		
1	Large Lexain 18 x 26x 15 (for storage and transporting equipment)		
9	Plastic pint container with lid (storing & labeling vinaigrette)		
18	2 oz. portion cups (portioning ingredients for vinaigrette & fritter batter)		
1 box	Gallon zip lock plastic bags (taking home cooked corn fritters)		
1 box	Quart zip lock plastic bags (storing diced onions)		
1	Bottle of sanitizer		
1	Roll of paper towels		
1 pkg (16) or	Plastic spoons (for tasting)		
small box			
1 pkg (8)	Paper plates (for corn fritters)		
3	Guest check pads		
1 pkg	No 2 pencils		
1 pkg	Black or Blue Pens		
1 pkg	Sharpie markers (Labeling)		
1 roll	Masking Tape, 1.41 in wide (Labeling)		

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1 pkg Name Tags (peel & stick)

Ingredients for 8 people & 1 instructor

QUANTITY/PURCHASE SIZE	ITEM DESCRIPTION	USAGE PER 8 STUDENTS & 1 INSTRUCTOR
2@3lbs. bags	Yellow onions (9 each)	3 lbs.
2 @ 16 oz. bottles	Red wine vinegar	3 cups
2 @ 16 oz. bottles	Dijon mustard (not honey)	6 oz.
1 @ 0.95oz. Bottle	Italian seasoning	¾ OZ.
1 @ 26oz. Bottle	Salt, iodized	3 ½ oz.
1 @ 6oz or small or smaller	Black pepper, ground	½ oz.
2 @ 5lb bag	Yellow cornmeal (Not mix or self- rising)	7 ½ lbs
1 @ 8.1 oz. can	Baking powder	3 oz.
1 dozen eggs	Eggs, large	9
1 Quart Bottle size	Canola oil	1 Quart
1@ 3-quart 5 oz Bottle size	Olive oil	½ gallon & 1 cup

Receiving Station Exercise

10 assorted packages (can be non- perishable items taken from what you have.)

For food outlets - Can be an order from a vender you have.

