

CHECKOFF SHEET: STATION 1

Student's Name: _____

✓ EACH ITEM BELOW WHEN STUDENT SUCCESSFULLY PERFORMS EACH TASK:

- Act as Host
 - ☐ Greet guest in a professional and friendly manner
 - ☐ Escort guest to table
 - ☐ Present menu
 - ☐ Describe daily special
- Act as Server
 - ☐ Prepare and carry a tray of drinks and deliver drinks to table
 - ☐ Take a meal order on the order pad - identify special dietary needs (i.e. allergies, etc.)
- Clean up
 - ☐ Clear table, return: glasses (empty), menu, and tray to original place
 - ☐ Return menus and prepare for next guest

***Student must receive at least 7 ✓ to complete this lab station.* (80%)**

CHECKOFF SHEET: STATION 2

Student's Name: _____

✓ EACH ITEM BELOW WHEN STUDENT SUCCESSFULLY PERFORMS EACH TASK:

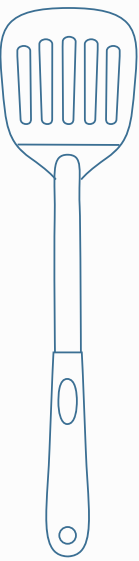
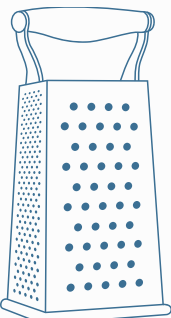
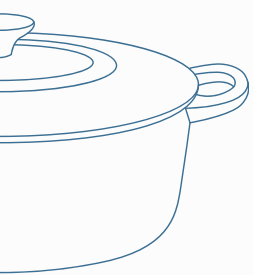
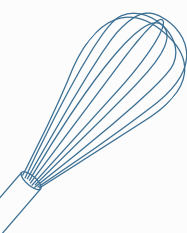
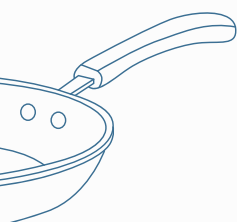
- ☐ Wash hands
- ☐ Use masking tape to label item
- ☐ Write name of food item
- ☐ Write date the food was prepared
- ☐ Write initials of the person who prepared the food
- ☐ Clean up - Return items to original location

Student must receive at least 5 ✓ to complete this lab station. (80%)

CHECKOFF SHEET: STATION 3

Student's Name: _____

✓ EACH ITEM BELOW WHEN STUDENT SUCCESSFULLY PERFORMS EACH TASK:

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- ☐ Wash hands
 - ☐ Demonstrate proper knife safety (Sharpen knife and wear gloves)
 - ☐ Choose items needed to chop an onion
 - ☐ Cut proper end of the onion
 - ☐ Peel onion (e.g. skin and 1st layer)
 - ☐ Slice onion
 - ☐ Dice onion
 - ☐ Store and label chopped onion properly
 - ☐ Prepared in proper order
 - ☐ Store and label vinaigrette
 - ☐ Clean up
 - ☐ Clear all trash, wipe all surfaces, wash all dishes
 - ☐ Return all items to original location

***Student must receive at least 11 ✓ to complete this lab station.* (80%)**

CHECKOFF SHEET: STATION 4

Student's Name: _____

✓ EACH ITEM BELOW WHEN STUDENT SUCCESSFULLY PERFORMS EACH TASK:

- ☐ Wash hands
- ☐ Inspect packaging
- ☐ Note expiration date
- ☐ Visually inspect items for freshness, bruising, damage, thawing, or moisture
- ☐ Make the vinaigrette
- ☐ Wash a rack of dishes
- ☐ Roll silverware
- ☐ Clean up
- ☐ Clear all items
- ☐ Return all items to original location

Student must receive at least 8 ✓ to complete this lab station. (80%)

CHECKOFF SHEET: STATION 5

Student's Name: _____

✓ EACH ITEM BELOW WHEN STUDENT SUCCESSFULLY PERFORMS EACH TASK:

- ☐ Wash hands
- ☐ Add ingredients in correct order
- ☐ Add ingredients in correct amounts
- ☐ Whisk together dry ingredients
- ☐ Stir together wet ingredients
- ☐ Ladle on griddle

Student must receive at least 5 ✓ to complete this lab station. (80%)